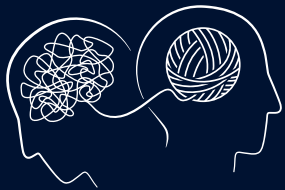




Midland
Health



Midland Health Adult ADHD Assessment

Live Happier, Live Healthier

Welcome to Midland Health



Dr. Rupa Parmar

Medical Director and
Private GP

Thanks for contacting Midland Health, our award-winning private GP clinic. We would be delighted to assist with your enquiry regarding our Adult ADHD Assessment Service.

We understand how difficult it can feel to get the right diagnosis from a company and specialist who really understands ADHD. That's why at Midland Health we are well positioned with our experts to guide you through this process and journey. We have very experienced private consultants who also work in the NHS and are here to help you.

- For more information on our ADHD Consultants, please visit our Meet the Team website [here](#).
- For more information on Adult ADHD Assessment, please see our website [here](#).



NICE National Institute for
Health and Care Excellence



The Process and Costs



The cost of an Adult ADHD Assessment with our consultants is £1,245. £995 is paid at the time the Assessment is booked.

Where will my appointment be held?



This appointment can be conducted from the comfort of your own **home** with our psychiatrist online or alternatively from our **clinics**.

What is encompassed in the appointment?

- Your assessment questionnaires.
- Your 1-and-a-half-hour consultation with our consultant.
- 1st Prescription if medication is recommended. ***Medication cost is not included.**
- You will be required to complete your Assessment Questionnaires ahead of your report feedback appointment



Please note you are required to arrange a feedback appointment to discuss the assessment report. The cost of the feedback appointment is £250.

This additional fee ensures you receive personalised feedback and guidance based on the findings of your assessment.



The Process and Costs



We will require your Assessment Questionnaires to be completed prior to your Report being published and made available to you at your feedback appointment.

There are 5 questionnaires which are completed by you, someone who knew you as a child and someone who knows you now. Your Questionnaires will be emailed to you upon booking your assessment.



FREE 10-MINUTE INTRODUCTORY CALL

We offer **10min FREE calls** with one of our specialists where you can discuss any questions you have prior booking the assessment.

Book your FREE call NOW:

<https://midlandhealth.co.uk/book/fba71d4dcbbbc89ca31717bef448846711d2606e/>

You will require follow up appointments if you chose to commence medication for treatment of ADHD. Follow up appointments are typically every 3-4 weeks. The fee for a 30 minute follow up appointment with your consultant is £225.

When you are stabilised on your medication, we can request a Shared Care Agreement (SCA) with your NHS GP. You will still require an annual review appointment with your consultant at Midland Health when your SCA has been initiated. Please note the initiation of an SCA is at the discretion of your NHS GP, we recommend discussing this with your NHS GP.

If your NHS GP declines your SCA, we can initiate this with our Private GPs at Midland Health.

Elevating Mental Wellness for All



Your Appointment

- These appointments can be arranged as face to face or video consultations. You can conveniently secure your assessment appointment by booking directly on our website or reaching out to our Customer Service team. Please note that the completion of all questionnaires is essential for the final report. Once you have finished all the required documentation, including the questionnaires and providing your GP Summary records, please inform our Neurodiversity Team. Be aware that we can just carry out an assessment if the patient is based and resident in the UK.



Medication

Please note if you are initiated on medication for treatment of diagnosed ADHD your consultant will only issue prescriptions within their clinics at Midland Health. We do ask for 7 days' notice of an empty prescription so we can process your request and ensure you have your prescription within a timely manner. Prescription requests can take up to 7 working days to process.



Cancellation

If you cancel your appointment within 24 hours of your appointment there is a £150 cancellation fee.

Further Information



Midland
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Please let us know if:

- You are currently facing substance misuse issues.
- You have a diagnosis of Bipolar Affective Disorder.
- You have been diagnosed with Schizophrenia.
- You have a Learning Disability.
- You have been diagnosed with Emotionally Unstable Personality Disorder.

If you have answered yes to any of the above questions, we may be unable to proceed with your assessment at Midland Health.



“My ADHD assessment was with Dr Rostamipour, the whole process was relaxed and he time to explain the diagnosis and how it was impacting my life. The medication has literally changed my life. Hopefully the future is looking a lot more settled and enjoyable. Thank you.”

- Recent Review



Dr Rostamipour's main focus, privately, and in NHS is assessing and treating people with neurodiversity and his special interest is in treatment of complex ADHD and a combination of ADHD with Autism or other mental health disorders. Dr Rostamipour has completed extra training in Obstetrics and Gynaecology and is an expert in assessment and diagnosis of ADHD in woman.

He successfully conducts assessments and treatment for ADHD on more than a hundreds patients every year, with his main aim being helping individuals to receive a bespoke, safe, and optimised management plan.
Dr Hossein Rostamipour,
Consultant Psychiatrist



SPEAK WITH ME TODAY
FREE 10-MINUTE INTRODUCTORY CALL

Book your FREE call NOW:

<https://midlandhealth.co.uk/book/fba71d4dcbbbc89ca31717bef448846711d2606e/>

How to Find Us



Directions to the Edgbaston, Birmingham Clinic

23a Highfield Road
Edgbaston
Birmingham
B15 3DP

Our new Mental Health clinic is located in the heart of Edgbaston's medical quarter. The newly refurbished Georgian building boasts 6 clinical rooms as well as a reception and 2 large waiting areas

Parking

Roadside parking is available along Highfield road on the doorstep of our clinic. This is free for up to two hours. There is also a pay and display car park to the right of our neighbouring building. Pay and display car parking in Edgbaston Village can be paid for by contactless, cash or app payments.

Public Transport

The closest Station to our Highfield Road clinic is Fiveways Railway station. Approximately a 15 minute walk from our clinic, the station runs services directly into Birmingham New Street Station, providing us with excellent train links across the country. There is a bus stop located on Highfield Road (Highfield Road Bus Stop), a short walk from the clinic which is serviced by a number of busses.



Midland Health Edgbaston Clinic
23a Highfield Road
Edgbaston
Birmingham
B15 3DP

How to Find Us



Directions to the London Clinic

10 Harley Street
London
W1G 9PF

Our Midland Health Neurodiversity Clinic in London is located at 10 Harley Street, London, one the country's leading medical districts.

Public Transport

There is a bus stop located outside John Lewis, Oxford Street: 6, 8, 13, 15, 73, 135, 139, 189 & 390. Bond street (Central and Jubilee Lines) and Oxford Circus (Victoria, Bakerloo and Central Lines) are the closest train stations to our Neurodiversity clinic on Harley Street.

Parking

Short-term meter parking is available directly in front of our building number 10 and nearby areas. Westminster parking rates apply Monday to Saturday from 8:30 a.m. to 5:30 p.m. m. to 6:30 p.m.

Long-term car parking is available at underground car parks at Cavendish Square and at the rear of Harley Street.

Discounted parking rates are available to our clients with Q-Park Oxford Street, which is based in Cavendish Square, a short distance from our clinic. You can enjoy a 20% discount when you book your parking in advance, visit: [Parking](#) can be found outside the clinic. Ophelia House can also be accessed via public transport using the busses that service The Parade, Oadby. and use code – 10HSQPOX



Midland Health London Clinic
10 Harley Street
London
W1G 9PF



"From the initial call seeking advice to the consultation and subsequent follow-up appointments, the service and care provided were absolutely outstanding. The team's performance was faultless, and I wholeheartedly recommend their services."

- Recent Review



Dr Waleed Tagelsir Ahmed,
Consultant Psychiatrist

Dr Waleed Ahmed, Consultant Psychiatrist (MBBS, DCP, Dip neuropsychiatry, MRCPsych) has many years of experience as a Consultant Psychiatrist. He has worked within the NHS, the independent sector and internationally. He has been a member of the Royal College of Psychiatrists since 2008 and keeps his knowledge and skills in the field up to date. He follows the national guidance for assessment and management of psychiatric problems.

Dr Ahmed has experience in managing various mental health problems and he can assess and manage ADHD in Adult, Various psychotic disorders, Anxiety disorders, Personality disorders, Affective disorders with or without psychosis, such as depression, Bipolar Mood Disorders and neuropsychiatric disorders.



hello@midlandhealth.co.uk



www.midlandhealth.co.uk



0121 769 0999



23a Highfield Road, Edgbaston, Birmingham, B15 3DP, UK



10 Harley Street, London, W1G 9PF, UK