## Foam/injection Sclerotherapy





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## What does the procedure involve?

•The procedure involves the injection of a drug (which maybe mixed with air to produce a foam) into the affected vein. This causes the vein to be scarred on the inside causing the vein to harden and eventually over time to disappear.

•After the procedure the treated leg will be bandaged and you will be wearing surgical stockings.

•You will need keep the stockings and bandages on for 5 days and night. After this both the bandages and stockings can be removed and you will need to only wear the stockings during the day time for a further 5 days.

•You may wish to wear the stockings after this time if you find it help with discomfort.

•You may need multiple (many) treatments to remove the visible veins.

•There are well recognised effects and complications after the procedure including:

•Bruising and discolouration along the course of the vein is common. If it is painful you will need to take painkillers such as paracetamol or antiinflammatories msuch as Ibuprofen.

The veins become hard and lumpy over the next few days.

- This can take sometime to disappear.
- •Brown discolouration over the treated skin occurs frequently. This can take many months (typically 6-24 months) to disappear. However this can occasionally be permanent.
- •Deep vein thrombosis can happen but is rare (<1%).
- •New thread vein may appear after the treatment.
- •You may experience floaters in the eye or may exacerbate migraine.
- •Very occasionally you may get an ulcer at the site of the injection.